

### ***FaR Out Coaching Academy Dates and Format 2024/2025***

DECEMBER 5	COMMUNICATION PART 1 - The Athletes
DECEMBER 12	COMMUNICATION PART 2 - The Parents
DECEMBER 14	COMMUNICATION PART 3 - SPECIFIC FEEDBACK FOR THE ATHLETE IN PRACTICE & WHAT EXACTLY IT LOOKS LIKE. (CLUB KICKOFF EVENT ALL COACHES)
DECEMBER 19	CREATING A TEAM FIRST CULTURE BY COACHING THE WHOLE ROSTER
JANUARY 9	UNDERSTANDING PLAYERS TECHNICAL & EMOTIONAL NEEDS DURING TRAINING & COMPETITION 9/10 & 11/12
MARCH 27	HELPING FEMALE ATHLETES DEFEAT NEGATIVE SELF TALK
APRIL 10	TEMPO TRAINING AND ITS IMPACT (IN, MID & OOS) <b><i>(Spring Break week - Day and time TBD)</i></b>
APRIL 17	GEEK OUT SESSION - FUNDAMENTALS TO CREATIVE STRATEGIES
APRIL 24	INFORMAL Q & A/PROBLEM SOLVING
MAY 1	INFORMAL Q & A/PROBLEM SOLVING

***The format for the Academy will be a combination of instruction, journaling, role playing, discussion and Q&A.***

Email Contact: [jeffbutler2523@gmail.com](mailto:jeffbutler2523@gmail.com)

***Please reach out to Jeff via email or text with the following information by Sunday, November 3rd if you would like to enroll.***

- 1) Your name and all contact information - - Cell & Email
- 2) Curriculum choice that you would like to enroll in